

**Critical Care Nutrition
Practice Management Guidelines
Vanderbilt University Medical Center
TICU, SICU, NCU, BICU
Diaz, Mills and Pousman
Revised: 05/10/2006**

Pre-Operative Protocol for Enteral Feeding-Protected Airway Patients

For Non-abdominal Surgery: Gastric feeds/Post-Pyloric feeds – feeds will be turned off just prior to departure to Operating Room or bedside procedure. Gastric tube will be flushed and aspirated

For Abdominal Surgery and IVC filter placements: Patients should be NPO 6 hours to planned anesthesia. Gastric tube will be flushed and aspirated prior to departure to Operating room

For Upper GI Endoscopy: Gastric/Post-Pyloric feeds-
Feeds recommended to be held 4 hours prior to “elective endoscopy”

