

VANDERBILT UNIVERSITY MEDICAL CENTER
DIVISION OF TRAUMA AND SURGICAL CRITICAL CARE

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Trauma Bowel regimen – Softener and stimulant. Revised 5/10/2011

SCC BOWEL REGIMEN ORDER SET

INITIALLY START (MAY BE NURSE INITIATED):

Peri-Colace 1 cap PO or 15mg PT bid/tid

Senna (15mg sennosides): 2 tabs QD

IF NOT SUCCESSFUL, THEN (MAY BE NURSE INITIATED):

Milk of Magnesia 30mg QO hs

Dulcolax Suppositories Q Day

Lactulose 30cc QD to BID

IF STILL NOT SUCCESSFUL OVER 72H, THEN:

provide ½ -1 bottle of Mag Citrate

USE OF MAGNESIUM CITRATE MUST BE VERIFIED THROUGH PHYSICAN

Stack et al: J Gastroenterology 1999; 94:567-574

www.guideline.gov : Neurogenic bowel management in Adults with spinal cord injury, 1998