VANDERBILT UNIVERSITY MEDICAL CENTER DIVISION OF TRAUMA AND SURGICAL CRITICAL CARE

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POSTPYLORIC / NAS0-JEJUNAL FEEDING TUBE PLACEMENT – revised 2011

Purpose: Guide indication and care of post-pyloric feeding tubes

Indications: Intolerance of gastric feeds with expected tolerance of small bowel feeds due to gastroparesis (ie. diabetes, CNS pathology, critical illness)

PREPARATION:

- 1. Consider use of Cortrak device to obtain distal access. If not successful, consider fluoroscopic and endoscopic methods. For endoscopic placement, see below.
- 2. Obtain consent for "Endoscopic placement of post-pyloric feeding tube".
- 3. Medication pack:
 - a. Fentanyl 500 mcg
 - b. Vecuronium 20 mg
 - c. Versed 10 mg
 - d. Diprivan 50 cc vial

Note: The ventilator must be adjusted appropriately when paralytics are administered, usually a rate of 12 and an FiO2 of 100%. The patient should be sedated with Versed / Diprivan & Fentanyl, followed by Vecuronium.

4. Equipment:

a. Trauma cart, obtained from the OR/Core, to include:

Sterile towels Snare Wire

Syringes Mouth piece

Suture Gowns, gloves

Scope Water Bottle for endoscope

Nasoenteric tube that can accommodate guidewire

5. Procedure:

- a. Endoscopic placement of post-pyloric feeding tube
- b. Nasal bridle created in usual fashion. Consider AMT bridle system.
- c. Obtain KUB to confirm placement
- d. May Start feeds when KUB confirms placement

6. Care of tube:

a. Order Afrin Spray x 3 days, Saline nasal spray then after to decrease risk of sinusitis

Tube maybe used for meds. Flush tube with 50 cc water q 6 hrs and before & after each med.