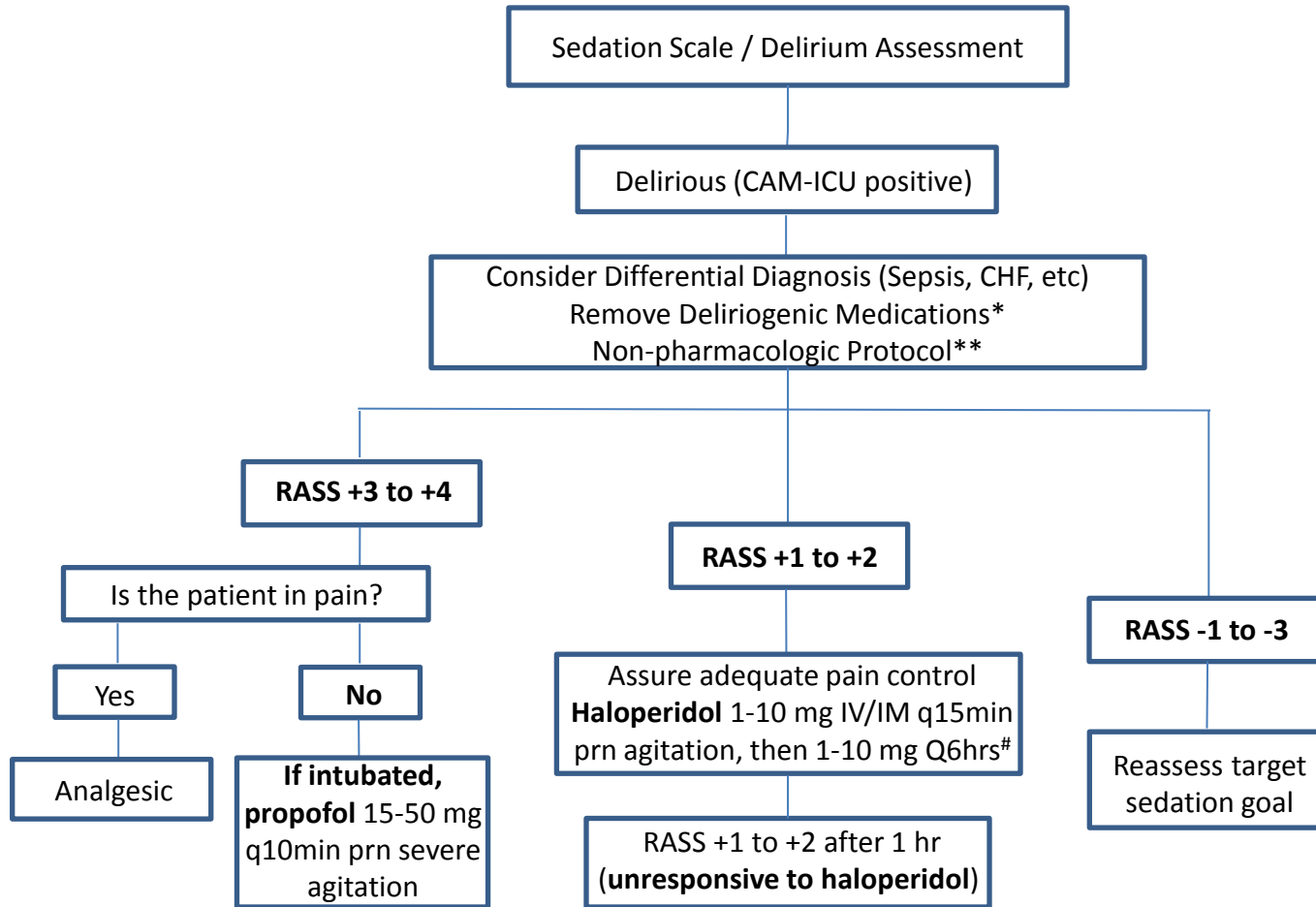


# TICU Delirium Medication Protocol



\*Deliriogenic medications:

Benzodiazepines, Anticholinergic medications (metoclopramide, H2 blockers, diphenhydramine, glycopyrrolate), Steroids, etc.

# Consider daily QT evaluation with parenteral haloperidol (discontinue if  $QT_c > 500$  msec).

^ **Dexmedetomidine to be continued for 24 hrs only.**

**A Longer duration must be approved by the attending physician.**

-Modified from [www.icudelirium.org](http://www.icudelirium.org)

-Updated April 2011 Susan Hamblin, PharmD,

John Morris, MD, Mickey Ott, MD

\*\*Non-pharmacological protocol

Orientation

Provide visual and hearing aids

Encourage communication and re-orient patient

Have familiar objects from patient's home in the room

Allow television during day with daily news

Non-verbal music

Environment

Sleep Hygiene: Lights off at night, on during day

Control excess noise at night

Ambulate or mobilize patients early and often